sound of blows in their room, tried to open the door, but found it "barricaded" (97). By the time attendants managed to get inside, Rachel was dying on the floor from the blows Valeria had inflicted with the night-pail. Valeria explained: "I asked her to kill me, and because she refused I killed her" (98). Valeria herself lapsed into a coma, and died the next day of "congestion of the brain" (98).

Clark inserts a statement by J.G. Duncan, City Coroner, confirming this version of the incident. Clark attributes the incident to chance, and to "those contingencies to which Asylums must always be liable where morbid minds act upon impulses" (98), but also to an obviously man-made situation that could have been avoided:

> the Asylum was overcrowded. On this account it was necessary to turn single rooms into associated dormitories. Our refractory ward is badly constructed for the class of patients it contains; it has five associated dormitories, containing from six to sixteen beds in each. That is to say, our worst and most dangerous patients must sleep together in that proportion. This ward contains sixty-two beds, and has only nine single rooms in it. At the time of the homicide five of these had two patients in each. (1884, 98)

Clark reports again in 1885 that with the exception of one surgical case, there has ben no restraint or seclusion of patients since January 6, 1883. Although he mentions it (and has mentioned it regularly for some years now), he denies that he celebrates the fact or takes any special credit for it, as if to do so would be to acknowledge the efficacy of public opinion ("the mere clamour of hobby riders" (42)) in opposition to restraint, and that there had been a problem with the use of restraint to begin with. One would be tantamount to an admission that his professionalism was not entirely autonomous, and the other to a confession of wrong-doing. Restraint has not really been abolished (since it was never an abuse), but by some coincidence there has been "no valid excuse for its use" (1885, 42). At the same time he is willing to make an issue of it, provided he can exploit for his own ends or ends of which he approves, such as the adequate staffing of the Asylum, or redressing the problem of